



### TRIVIA QUESTIONS

### BONUS QUESTIONS

**Q** What was the famous line said by an older woman in a Wendy's restaurant ad in the 1980s?

**A** Where's the beef?

**Q** Whose big break was playing Vinnie Barbarino on Welcome Back Kotter?

**A** John Travolta

**Q** Who directed the movie about a man-eating great white shark on Amity Island?

**A** Steven Spielberg

**Q** What did Archie Bunker call his son-in-law?

**A** Meathead

**Q** What was ET's favorite candy?

**A** Reese's Pieces

**Q** What did George Jefferson call his wife on The Jeffersons?

**A** Weezy

**Q** You notice that the electrical cord on your friend's lamp is damaged. What should you tell him?

**A** Discontinue use and unplug the cord immediately. Have it repaired or replaced.

**Q** Your friend is on oxygen and his wife smokes in the home. What safety advice can you give them?

**A** Never smoke in a home where medical oxygen is used. Smokers should smoke outside the home. Provide a sturdy ashtray for cigarette butts. Wet cigarette butts with water before disposal.

**Q** You are walking at night and the ground is uneven. How can you prevent injury from falling?

**A** Use a flashlight so you can see where you are walking. Wear flat, sturdy shoes. Carry a cell-phone in case you need to call for help and always notify someone where you are going in case of an emergency.

**Q** Your granddaughter asks you to talk about your home fire escape plan. What are the important parts of your plan?

**A** Have working smoke alarms. Know two ways out of every room. Plan an outside meeting place where everyone will meet. Practice the home fire escape drill twice a year.

**Q** Your spouse keeps stacks of newspapers and magazines in the hallway outside your bedroom. What can you do to make it safer?

**A** Pick up the clutter. Always keep objects out of walkways and stairs to avoid tripping.

**Q** Your friend had a new bathtub installed in her home, but you think the tub surface looks very slippery. What do you recommend?

**A** Use non-slip bath mats inside and outside the tub to prevent slips and falls. Install grab bars.





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**Q** Name all six Brady Bunch kids.

**A** Greg, Marcia, Peter, Jan, Bobby, and Cindy

**Q** What was the character JJ's full name on Good Times?

**A** James Evan's, Jr. (Jimmy Walker is the actor's name).

**Q** What were Laverne and Shirley's last names?

**A** DeFazio and Feeney

**Q** Who was the host of Hollywood Squares?

**A** Peter Marshall

**Q** What sports drama film tells the rags-to-riches story of a fighter married to Adrian?

**A** Rocky

**Q** Who played Fred and Lamont Sanford in Sanford and Son?

**A** Redd Foxx and Demond Wilson

**Q** Where should smoke alarms be installed in your home?

**A** On every level of the home (including the basement), inside each bedroom, and outside each sleeping area. For the best protection, interconnect all smoke alarms so when one sounds, they all sound.

**Q** You have area rugs in your home that slide when you walk on them. What can you do to be safer?

**A** Use a rubber pad under the rug to prevent slipping.

**Q** If you must escape through smoke during a fire, how should you move toward your exit?

**A** Because smoke always rises, you can breathe more easily if you get below the smoke. Get low and go under the smoke to your way out.

**Q** You need to get up several times a night to use the bathroom. Your room is very dark and you have tripped a couple of times. What can you do to prevent falling?

**A** Install night lights or use a flashlight to help see the path from the bedroom to the bathroom.

**Q** Your sister likes to wear socks around her house, which has all hard-wood floors. What would be a better choice?

**A** Sturdy, well-fitting, flat, non-slip slippers.

**Q** The floor of your garage gets slippery when wet. What can you do to prevent a fall?

**A** Install rubber mats and clean up spills immediately.





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**Q** What civil rights activist was killed on April 4, 1968?

**A** Martin Luther King, Jr.

**Q** How often should you test your smoke alarms?

**A** At least monthly. If you are not able to safely reach the smoke alarm, ask for help.

**Q** Who was the first African American Supreme Court Justice?

**A** Thurgood Marshall. Appointed in 1967. He served until 1991.

**Q** Holes are appearing in your lawn. What can you do to prevent injury from tripping on one of the holes?

**A** Fill the hole with topsoil and compost, then step onto the filled area to compact the mix.

**Q** What comedian was burned while under the influence of cocaine and alcohol?

**A** Richard Pryor

**Q** You live in an old house with doors and windows that sometimes stick. What do you need to do when it comes to making your fire escape plan?

**A** Know two ways out of every room and make sure that windows and doors open easily.

**Q** What Roman Catholic nun won the Nobel Peace Prize in 1979?

**A** Mother Teresa

**Q** Your sister, who is trying to stop smoking, now smokes only late at night. What can you tell her to keep her safe from fire?

**A** If you smoke, smoke outside. Use a large, deep, non-tip ashtray. Never smoke when you are lying down, drowsy, or in bed. Wet cigarette butts before disposal.

**Q** Who was the first woman appointed to the U.S. Supreme Court?

**A** Sandra Day O'Connor

**Q** Your friend fell when the scatter rug in the kitchen slipped as he was walking near the sink. What should he do to prevent falling?

**A** Use only scatter rugs with non-skid backing. Smooth out all wrinkles and folds in your rugs and carpets. Consider not using scatter rugs in high-traffic areas.





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**Q** Who was the first American, female astronaut to travel in space?

**A** Sally Ride

**Q** You live in an apartment building and your neighbor is piling newspapers in the hallways. What should you do?

**A** Notify building management that there is a fire and fall hazard.

**Q** Who was the first woman to run for vice president of the United States?

**A** Geraldine Ferraro

**Q** What can you do to prevent carbon monoxide poisoning?

**A** Install carbon monoxide alarms on every level of your home and outside each sleeping area and test them monthly. Some other tips are...have your heating system cleaned and inspected each year; when running a generator, keep it outside the home well away from windows and doors; remove your car from the garage as soon as you start it.

**Q** What American newspaper heiress who was a kidnapping victim and a convicted bank robber?

**A** Patty Hearst

**Q** You are frying food on the stovetop and the doorbell rings. What should you do?

**A** Turn off the stovetop, move the pan from the burner, and then answer the door.

**Q** Who signed the peace treaty that ended U.S. involvement in Vietnam?

**A** Richard Nixon

**Q** You are hiking in a national park. How can you prevent injury from falling?

**A** Use a walking stick. Wear sturdy hiking shoes. Stay on a path that is well-maintained. Carry a cell phone in case you need to call for help and always notify someone where you are going in case of an emergency.

**Q** Who was the director of the film, "Psycho"?

**A** Alfred Hitchcock

**Q** How does regular exercise help you to reduce your risk of being injured in a fall?

**A** It helps to maintain muscle strength, flexibility, and balance.





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**Q** What 1970s song recorded by the Village People is often played at wedding receptions?

**A** YMCA

**Q** The musical, South Pacific, was set during which war?

**A** World War II

**Q** Who did John Lennon marry in 1969?

**A** Yoko Ono

**Q** "Endless Love" was the topic sung by what famous duo?

**A** Lionel Richie and Diana Ross

**Q** What Bee Gees number 1 hit referred to a broken heart?

**A** "How Can You Mend a Broken Heart?"

**Q** You are in a hurry to get to your exercise class but are concerned you will fall if you run. What should you do?

**A** Take your time. Being rushed or distracted increases your chance of falling.

**Q** You are visiting a neighbor and she cuts her hand badly while making dinner. What number will you call to summon help?

**A** 911 OR your particular local emergency number. (If 911 is not available in your area, be sure participants know the local number.)

**Q** Your friend tells you that he fell in his bathroom. What should he do to prevent falling again?

**A** Use non-slip mats in the bathtub and on shower floors. Grab bars should be installed in all bathrooms. Keep the bathroom floor dry.

**Q** While walking up the stairs to your apartment, you notice that the handrails are shaky. What can you tell the building supervisor about making the stairs safer?

**A** Loose handrails should be secured to the wall, or new handrails should be installed along the full length of both sides of the stairs.

**Q** You are wearing socks and need to get a dish from your cabinet above the refrigerator. You use a wooden kitchen chair and slip. What should you do in the future to prevent falling?

**A** Use a sturdy step stool that has an extension to hold and wear shoes.





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**Q** If Sky and Nathan were Guys, what were Sarah and Miss Adelaide?

**A** Dolls

**Q** How often should you test your carbon monoxide alarms?

**A** Once a month

**Q** What musician had the most number 1 hits in the 1980s?

**A** Michael Jackson

**Q** Your friend cooks on the stovetop wearing a long-sleeve bathrobe. What advice would you give her about cooking in this type of clothing?

**A** To avoid catching your clothes on fire, wear clothing with tight-fitting, rolled-up, or short sleeves.

**Q** Who wrote the musical Phantom of the Opera?

**A** Andrew Lloyd Webber

**Q** You are cooking bacon for breakfast and the grease in the pan catches on fire. How do you put the fire out safely?

**A** Slide a lid over the pan, then turn off the burner and let the pan completely cool. If the fire does not go out or you don't feel comfortable sliding a lid over the pan, just get outside the home and call 911 or the fire department.

**Q** What Led Zeppelin song could have used a few fall prevention messages?

**A** "Stairway to Heaven"

**Q** Your cousin complains that her living room is cold. You lend her your space heater, but you notice that the room seems cluttered with magazines. What do you tell her about using the space heater safely?

**A** Keep anything that can burn, including you, at least 3 feet (1 meter) from space heaters, portable heaters, and wood stoves. Turn the heater off when you leave the room or go to bed.

**Q** What was the name of Ritchie Valens' 1958 hit song?

**A** La Bamba

**Q** If your clothing catches fire, what should you do?

**A** Stop (don't run), drop gently to the ground, and cover your face with your hands. Roll over and over or back and forth to put out the fire. If you cannot drop and roll, keep a blanket or towel nearby to smother flames.





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**Q** What U.S. mountain erupted in 1980?

**A** Mt. St. Helens

**Q** What challenge did President Ronald Reagan issue to Mikhail Gorbachev in 1987?

**A** Tear down the Berlin Wall.

**Q** During which decade were color televisions introduced to the U.S. market?

**A** 1950's (1953)

**Q** What cable channel debuted on August 1, 1981?

**A** MTV

**Q** What is the name of the romance novel written by Erich Segal and released on Valentine's Day 1970?

**A** Love Story

**Q** What hit television show was set during the Korean War?

**A** MASH

**Q** Your husband smokes while reading. Sometimes the cigarette drops out of the ashtray and burns the table. What can you suggest?

**A** If you must smoke, smoke outside. Use only large, deep non-tip ashtrays. Wet cigarette butts before disposal.

**Q** How often should you replace your smoke alarms?

**A** Every 10 years.

**Q** You are visiting a friend and she burns her hand while draining pasta. What should she do?

**A** Cool the burn with cool water right away for 3-5 minutes. Seek medical help for large or blistering burns.

**Q** You use your fireplace throughout the winter. How should you dispose of ashes?

**A** Allow ashes to cool before disposing. Then dispose of the ashes in a metal container and keep it a safe distance from the house and other buildings.

**Q** The electricity is out in your community. How should you light your home?

**A** Use flashlights or battery-operated lanterns. Always have extra batteries on hand. A headlamp is a good idea to use because it allows you to have use of both hands. Never use candles.

**Q** How often should you change the batteries in your smoke alarms?

**A** Change smoke alarm batteries once a year or when the alarm "chirps," indicating that battery power is low. If you are unable to safely reach the smoke alarm, ask for help.





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**Q** Mark Spitz landed how many gold medals in the 1972 Olympics?

**A** Seven

**Q** Who beat Babe Ruth's record of 714 home runs in 1974?

**A** Hank Aaron

**Q** The Boston Bruins lost 18 straight playoff series to what team from 1946 to 1987?

**A** Montreal Canadiens)

**Q** What team hired the NFL's first professional cheerleading squad in 1972?

**A** The Dallas Cowboys

**Q** What pitcher set a record in 1977 for the most walks in a post World War II season with 201?

**A** Nolan Ryan

**Q** What Martina dominated tennis in the 1980s?

**A** Martina Navratilova

**Q** Your front walkway is covered in ice. What can you do?

**A** Spread an ice removal product. Shovel snow before it compacts. If you are not able to treat your walkway, call a family member or neighbor.

**Q** Name an exercise you could perform to strengthen your physical and mental health?

**A** Exercises such walking, gardening, swimming, playing golf, exercise classes... Check with your doctor about the best type of exercise for you.

**Q** Food cooked in a microwave can become very hot. What can you do to avoid a steam burn?

**A** Use caution when removing covers or plastic from food. Let the food cool for a few minutes. Stir the food to reduce hot spots.

**Q** What should you do if you have an oven fire?

**A** Keep the door closed and turn off the oven. If the fire does not go out, get outside the home and call the fire department.

**Q** What should you do if you have a microwave oven fire?

**A** Keep the door closed, turn off the microwave, and unplug it (if possible). Don't use the microwave oven until you have it serviced.

**Q** The skylights in your kitchen need to be washed. How can this be done safely?

**A** Hire a professional window washer to clean the skylights or just let the rain clean them.

