**TRIVIA QUESTIONS**

1. Name one of the original correspondents on the CBS Show 60 Minutes.
   - **A** Harry Reasoner, Mike Wallace

2. Name the three lead actors in the movie Guess Who’s Coming to Dinner?
   - **A** Katharine Hepburn, Sidney Poitier, and Spencer Tracy

3. This 1957 British-American film is a work of fiction, but it borrows from the construction of the Burma Railway for its setting.
   - **A** The Bridge on the River Kwai

4. What epic Cecil B. DeMille film tells the story of Exodus? It is still shown on television at least once a year.
   - **A** The Ten Commandments

5. What television show featured a couple (married in real life) living in the same apartment building with their best friends and landlords in Manhattan?
   - **A** I Love Lucy

**BONUS QUESTIONS**

1. Late in the evening, your friend remembers that she left a shopping bag in the trunk of her car. You know that the area outside her home is not well lit. What do you suggest that she do?
   - **A** Use a flashlight when walking in unlit areas and use handrails where available.

2. How often should you change the batteries in your smoke alarms?
   - **A** Change smoke alarm batteries once a year or when the alarm “chirps”, indicating that battery power is low. If you are unable to safely reach the smoke alarm, ask for help.

3. Your friend is on oxygen and his wife smokes in the home. What safety advice can you give them?
   - **A** Never smoke in a home where medical oxygen is used. Smokers should smoke outside the home. Provide a sturdy ashtray for cigarette butts. Wet cigarette butts before disposing.

4. Your granddaughter asks you to talk about your home fire escape plan. What are the important parts of your plan?
   - **A** Have working smoke alarms. Know two ways out of every room. Plan an outside meeting place where everyone will meet. Practice the home fire escape drill twice a year.

5. Your spouse keeps stacks of newspapers and magazines in the hallway outside your bedroom. What can you do to make it safer?
   - **A** Pick up the clutter. Always keep objects out of walkways and stairs to avoid tripping.
**TRIVIA QUESTIONS**

- **Q** What was the name of the television show that starred Adam, Hoss, and Little Joe who lived with their father on a 600,000+ acre ranch?
  - **A** Bonanza

- **Q** In 1940, Hattie McDaniel was the first black person to win an Oscar. She won Best Supporting Actress for her role as Mammy in what movie?
  - **A** Gone With the Wind

- **Q** Name the Hispanic actor who was nominated for 4 Best Actor Academy awards in the 1950’s, including one for the lead role in “Zorba the Greek”.
  - **A** Anthony Quinn

- **Q** Who was the nosy and tactless neighbor always trying to prove Samantha was a witch in Bewitched?
  - **A** Gladys Kravitz

- **Q** Who is the actress who was married eight times, was known for her blue eyes, and starred in movies such as A Place in the Sun and Cat on a Hot Tin Roof?
  - **A** Elizabeth Taylor

**BONUS QUESTIONS**

- **Q** Your friend had a new bathtub installed in her home, but you think the tub surface looks very slippery. What do you recommend?
  - **A** Use non-slip bath mats inside and outside the tub to prevent slips and falls. Install grab bars.

- **Q** You are visiting a neighbor and she cuts her hand badly while making dinner. What number will you call to summon help?
  - **A** 911 OR your particular local emergency number. If 911 is not available in your area, be sure participants know the local number.

- **Q** Where should smoke alarms be installed in your home?
  - **A** On every level of the home (including the basement), inside each bedroom, and outside each sleeping area. For the best protection, interconnect all smoke alarms so when one sounds, they all sound.

- **Q** Your sister likes to wear socks around the house, which has all hardwood floors. What would be a better choice?
  - **A** Wear sturdy, well-fitting, flat, non-slip slippers or shoes.

- **Q** The electricity is out in your community. How should you light your home?
  - **A** Use flashlights or battery operated lanterns. Always have extra batteries on hand. A headlamp is a good idea because it allows you to have use of both hands. Never use candles.
TRIVIA QUESTIONS

Q This famous person was born in Brookline, Massachusetts, and eventually moved to a large house on Pennsylvania Avenue in Washington, DC.
A John F. Kennedy

Q Which astronaut in 1962 circled the earth three times in “Friendship 7,” later became a U.S. senator, and returned to space in 1998?
A John Glenn

Q What is the name of the first Hispanic woman to be honored with a U.S. postage stamp? She was an artist famous for painting self-portraits.
A Frida Kahlo

Q This pediatrician wrote the manual for parents of Baby Boomers.
A Dr. Benjamin Spock

Q This American painter and filmmaker created images of dollar bills, Campbell’s Soup cans, Coca-Cola bottles and Marilyn Monroe.
A Andy Warhol

BONUS QUESTIONS

Q Your sister complains that she stubs her toe when she gets up in the middle of the night for the bathroom because she can’t see where she is going. What do you tell her?
A Install nightlights or use a flashlight to light the path between the bedroom and the bathroom.

Q Your friend says she's felt stiff lately so she tends to sit in her chair most of the day reading or watching television. What do you say to her?
A Suggest that she talk to her doctor about beginning an exercise program, which can help build strength and improve coordination.

Q While walking up the stairs to your apartment, you notice that the handrails are shaky. What can you tell the building supervisor about making the stairs safer?
A Loose handrails should be secured to the wall, or new handrails should be installed along the full length of both sides of the stairs.

Q How often should you replace your smoke alarms?
A Every 10 years.

Q Your sister is trying to stop smoking and now smokes only late at night. What can you tell her to keep her safe from fire?
A If you smoke, smoke outside. Use a large, deep, non-tip ashtray. Never smoke when you are lying down, drowsy, or in bed. Wet cigarette butts before disposal.
**Trivia Questions**

1. **Question:** Who was the first female Prime Minister of Israel?
   **Answer:** Golda Meir

2. **Question:** Name the man who hosted a long-running variety show from 1948 until 1971.
   **Answer:** Ed Sullivan

3. **Question:** Name the pop and jazz singer who recorded songs for over 60 years and received the Presidential Medal of Freedom from George Bush in 1992.
   **Answer:** Ella Fitzgerald

4. **Question:** Who is the creator of the comic strip about Charlie Brown and his friends that debuted in 1950?
   **Answer:** Charles. M. Shulz

5. **Question:** Who was the First Lady during the New Deal President’s time in the White House?
   **Answer:** Eleanor Roosevelt

**Bonus Questions**

1. **Question:** Your friend fell when the scatter rug in the kitchen slid out from under him as he was walking near the sink. What should he do to prevent falling in the future?
   **Answer:** Use only scatter rugs with non-skid backing. Smooth out all wrinkles and folds in your rugs and carpets.

2. **Question:** You have area rugs in your home that slide when you walk on them. What can you do to be safer?
   **Answer:** Use a rubber pad under the rug to prevent slipping.

3. **Question:** Your friend cooks on the stovetop wearing a long-sleeve bathrobe. What advice would you give her about cooking in this type of clothing?
   **Answer:** To avoid catching your clothes on fire, wear clothing with tight-fitting, rolled-up, or short sleeves.

4. **Question:** You are cooking bacon for breakfast and the grease in the pan catches on fire. How do you put out the fire safely?
   **Answer:** Slide a lid over the pan, then turn off the burner and let the pan completely cool. If the fire does not go out or you don't feel comfortable sliding a lid over the pan, just get outside the home and call 9-1-1 or the fire department.

5. **Question:** How does regular exercise help you reduce your risk of being injured in a fall?
   **Answer:** It helps to maintain muscle strength, flexibility, and balance.
<table>
<thead>
<tr>
<th>TRIVIA QUESTIONS</th>
<th>BONUS QUESTIONS</th>
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</thead>
<tbody>
<tr>
<td>Pat Boone, famed 1950s crooner, is the great-great-great-great-grandson of this famous American.</td>
<td>You are in a hurry to get to your exercise class but concerned that you will fall if you run. What should you do?</td>
</tr>
<tr>
<td>Daniel Boone</td>
<td>Take your time. Being rushed or distracted increases your chance of falling.</td>
</tr>
<tr>
<td>Who had a 1960s hit titled “Dedicated to the One I Love”?</td>
<td>Your neighbor insists that his smoke alarm needs to be checked only once a year. What do you say to him?</td>
</tr>
<tr>
<td>The Mamas and the Papas</td>
<td>Test smoke alarms once a month by using the test button. If you are unable to safely reach the smoke alarm, ask for help.</td>
</tr>
<tr>
<td>What father and daughter duo recorded “Somethin’ Stupid” in 1967?</td>
<td>Your friend tells you that he fell in his bathroom. What should he do to prevent falling again?</td>
</tr>
<tr>
<td>Frank and Nancy Sinatra</td>
<td>Use non-slip mats in the bathtub and on shower floors. Grab bars should be installed in all bathrooms.</td>
</tr>
<tr>
<td>Name the three rock and roll musicians killed February 3, 1959, “The Day the Music Died.”</td>
<td>Your friend who smokes uses a bottle cap to flick the ashes. What do you suggest?</td>
</tr>
<tr>
<td>Buddy Holly, Ritchie Valens, and J.P. “The Big Bopper” Richardson</td>
<td>Smoke outside. Use a large, deep, non-tip ashtray. Dampen cigarette butts and ashes before emptying the ashtray into a wastebasket.</td>
</tr>
<tr>
<td>Who had a 1966 hit with the song, “What Becomes of the Brokenhearted”?</td>
<td>Your friend gets up in the middle of the night to let the dog out but doesn’t want to turn on the lights for fear of waking up everyone else in the house. What do you say to her?</td>
</tr>
<tr>
<td>Jimmy Ruffin</td>
<td>Use a night light or flashlight to light your path.</td>
</tr>
</tbody>
</table>
**TRIVIA QUESTIONS**

1. What were The Supremes originally known as?
   - A The Primettes

2. “Leaving on a Jet Plane” was a 1969 hit for Peter, Paul, and Mary. Who wrote it?
   - A John Denver

3. Who is the New Orleans native, nicknamed Satchmo, who found fame as a Jazz trumpet player, singer, and band leader?
   - A Louis Armstrong

4. Who sang “The Twist”?
   - A Chubby Checker

5. What singing legend brought rock’n’roll into popular culture?
   - A Elvis Presley

**BONUS QUESTIONS**

1. You are wearing socks and need to get a dish from your cabinet above the refrigerator. You use a wooden kitchen chair and slip. What should you do to prevent falling?
   - A Use a sturdy step stool that has an extension to hold and wear shoes.

2. Your friend just purchased a new entertainment center, which she placed in front of one of the living room windows. What do you say to her?
   - A Know two ways out of every room in your home. Make sure windows and doors open easily and are not blocked by obstacles. When there is a fire, get out and stay out.

3. How often should you test your smoke alarms?
   - A At least monthly. If you are not able to safely reach the smoke alarm, ask for help.

4. Your cousin asks to borrow your space heater but you notice the room is cluttered with magazines. What do you tell her about using the space heater safely?
   - A Keep anything that can burn, including you, at least 3 feet (1 meter) from space heaters, portable heaters, and wood stoves. Turn the heater off and unplug it when you leave the room or go to bed.

5. If your clothing catches fire, what should you do?
   - A Stop (don’t run), drop gently to the ground, and cover your face with your hands. Roll over and over or back and forth to put out the fire. If you cannot drop and roll, keep a blanket or towel nearby to smother flames.
## TRIVIA QUESTIONS

<table>
<thead>
<tr>
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<tr>
<td>What 1964 incident triggered the official start of the Vietnam War?</td>
<td>Sinking of the USS Maddox by North Vietnamese missiles in the Gulf of Tonkin</td>
</tr>
<tr>
<td>In what year did Neil Armstrong become the first man to set foot on the moon?</td>
<td>1969</td>
</tr>
<tr>
<td>What vaccine did Jonas Salk develop?</td>
<td>Polio vaccine</td>
</tr>
<tr>
<td>Who was the first African American U.S. Supreme Court Justice?</td>
<td>Thurgood Marshall</td>
</tr>
<tr>
<td>What was the name of the Russian satellite launched into space in 1957?</td>
<td>Sputnik</td>
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</table>

## BONUS QUESTIONS

<table>
<thead>
<tr>
<th>Question</th>
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</tr>
</thead>
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<tr>
<td>Your husband smokes while reading. Sometimes the cigarette drops out of the ashtray and burns the table. What can you suggest?</td>
<td>If you must smoke, smoke outside. Use only large, deep, non-tip ashtrays. Wet cigarette butts before disposal.</td>
</tr>
<tr>
<td>You use your fireplace throughout the winter. How should you dispose of ashes?</td>
<td>Allow ashes to cool before disposing. Then dispose ashes in a metal container and keep it a safe distance from the house and other buildings.</td>
</tr>
<tr>
<td>You are frying on the stovetop and the doorbell rings. What should you do?</td>
<td>Turn off the stovetop, move the pan from the burner, and then answer the door.</td>
</tr>
<tr>
<td>What can you do to prevent carbon monoxide poisoning?</td>
<td>Have your heating system inspected each year; Keep running generators outside and away from windows and doors; remove your car from the garage as soon as you start it.</td>
</tr>
<tr>
<td>Holes are appearing in your lawn. What can you do to prevent injury from tripping on one of the holes?</td>
<td>Fill the hole with topsoil and compost, then step on the filled area to compact the mix.</td>
</tr>
<tr>
<td>You live in an apartment building and your neighbor is piling newspapers in the hallways. What should you do?</td>
<td>Notify building management that there is a fire and fall hazard.</td>
</tr>
</tbody>
</table>
Which baseball team won five consecutive World Series titles?

The New York Yankees (1949-1953)

Who retired as world Heavyweight champion in March 1949 aged 34?

Joe Louis

Who was the Yankee Clipper who retired from baseball in 1952?

Joe DiMaggio

Who was the first African American to be selected for the U.S. Davis Cup team?

Arthur Ashe

What teams played in the first Super Bowl?

Green Bay Packers and Kansas City Chiefs (1967)

Who is the American track and field athlete who won 4 gold medals in the 1936 Summer Olympics in Berlin, Germany?

Jesse Owens

Your front walkway is covered with ice. What can you do?

Spread an ice removal product. Shovel snow before it compacts. If you are not able to treat your walkway, call a family member or a neighbor.

Describe an exercise you could perform to strengthen your physical and mental health?

Exercises such as walking, gardening, swimming, playing golf, exercise classes... Check with your doctor about the best type of exercise for you.

Food cooked in a microwave can become very hot. What can you do to avoid a steam burn?

Use caution when removing covers or plastic from food. Let the food cool for a few minutes.

What should you do if you have an oven fire?

Keep the door closed and turn off the oven. If the fire does not go out, get outside the home and call the fire department.

The skylights in your kitchen need to be washed. How can this be done safely?

Hire a professional window washer to clean the skylights or just let the rain clean them.

Explain how regular exercise could help you to reduce your risk of being injured in a fall?

Maintains muscle strength, flexibility, and balance.